

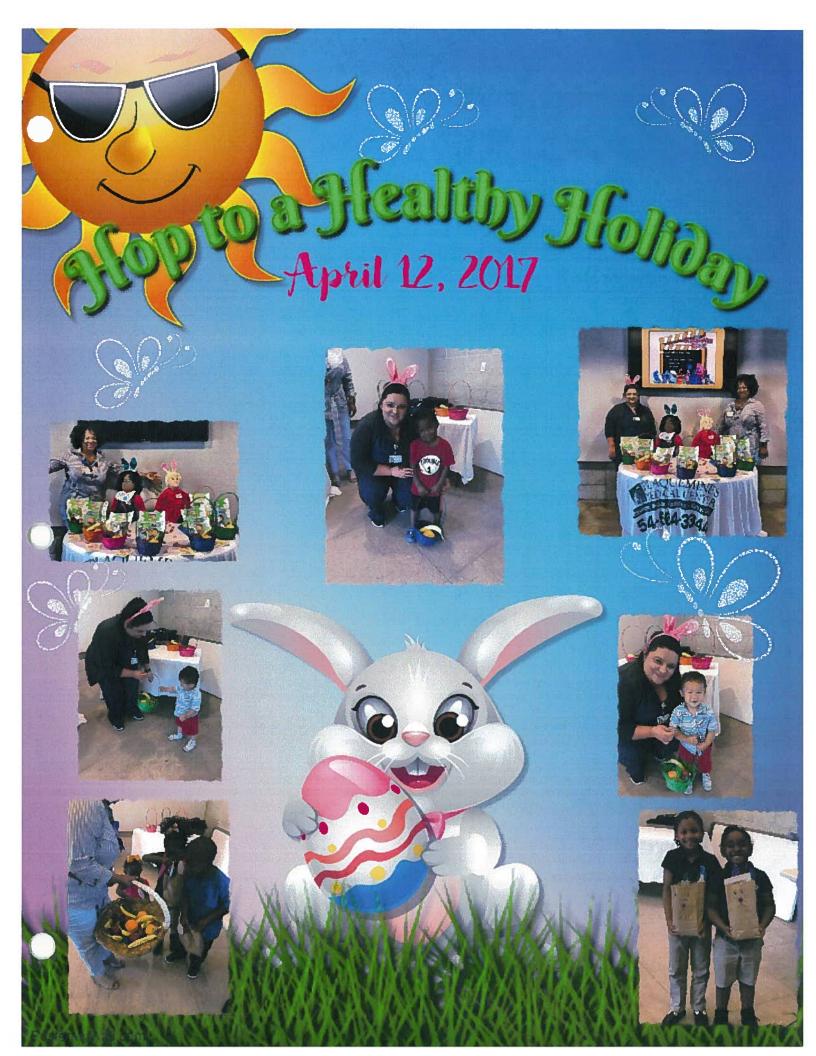


NATIONAL MINORITY HEALTH MONTH 2017









April 21st & 22nd



# **ALL AGES**

# Healthy Kids Day

Port Sulphur YMCA 4/21 Buras YMCA 4/22

# **FREE**

Join Plaquemines Medical Center for a free, fun-filled day of healthy activities!







### **Priority Health Care Presents**

# Snap & Tweet 4 A Healthier Me A Free Youth Health Fair In honor of National Youth HIV/AIDS Awareness Day

# Social, Education & Athletic Club

1024 Orange Blossom Lane Harvey, LA 70058

April 28, 2017 5pm-7:30pm













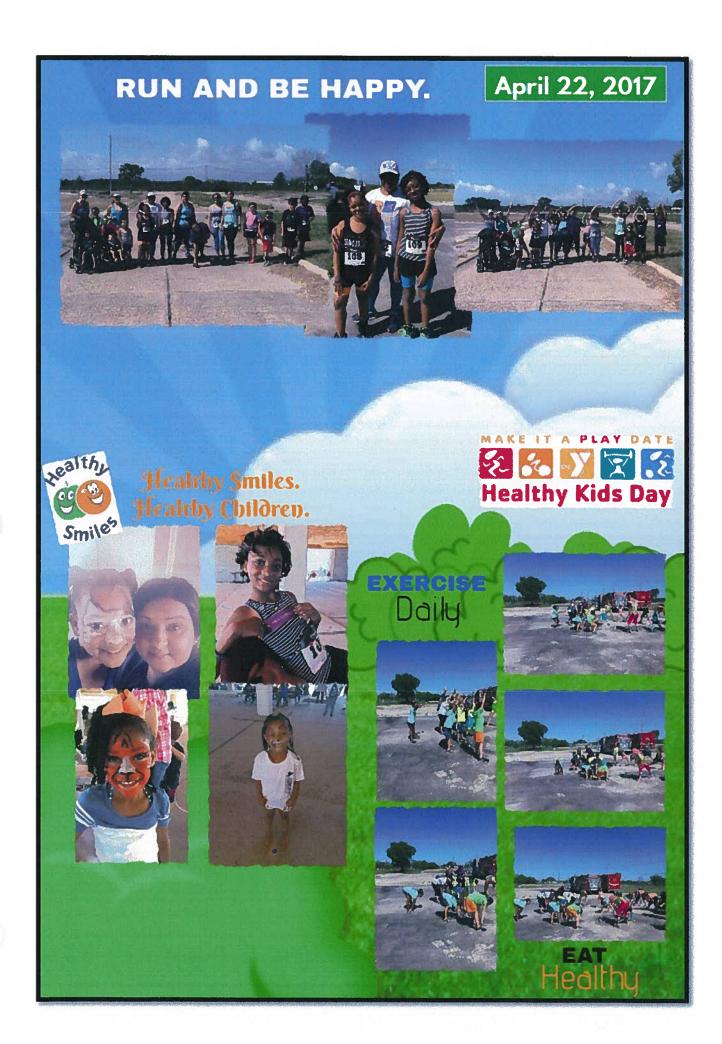




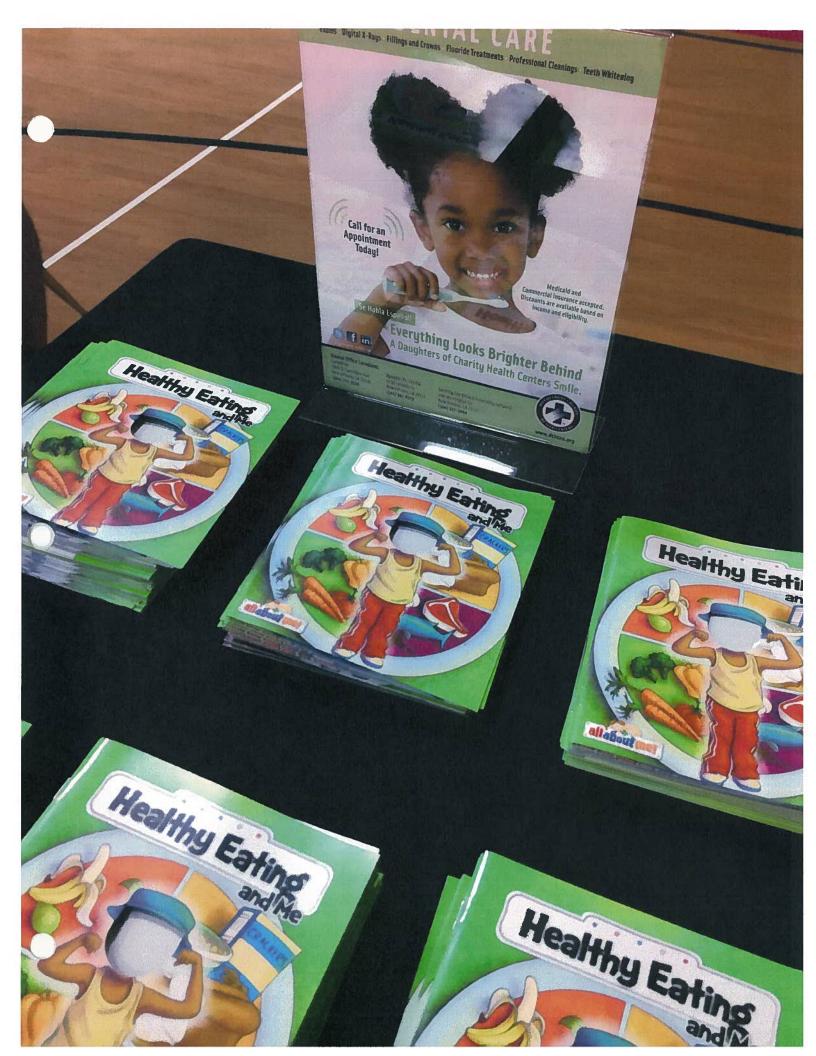








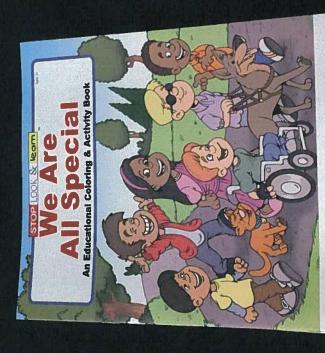
Keep Cool and use Sunscreen **April 22, 2017** MY FUTURE'S 50 BRIGHT I GOTTA WEAR SHADES ADULTS CALL IT KIDS CALL IT "PLAYING." "JUST KEE SWIMMING" **Activity Pyramid** 







Healthy Eating

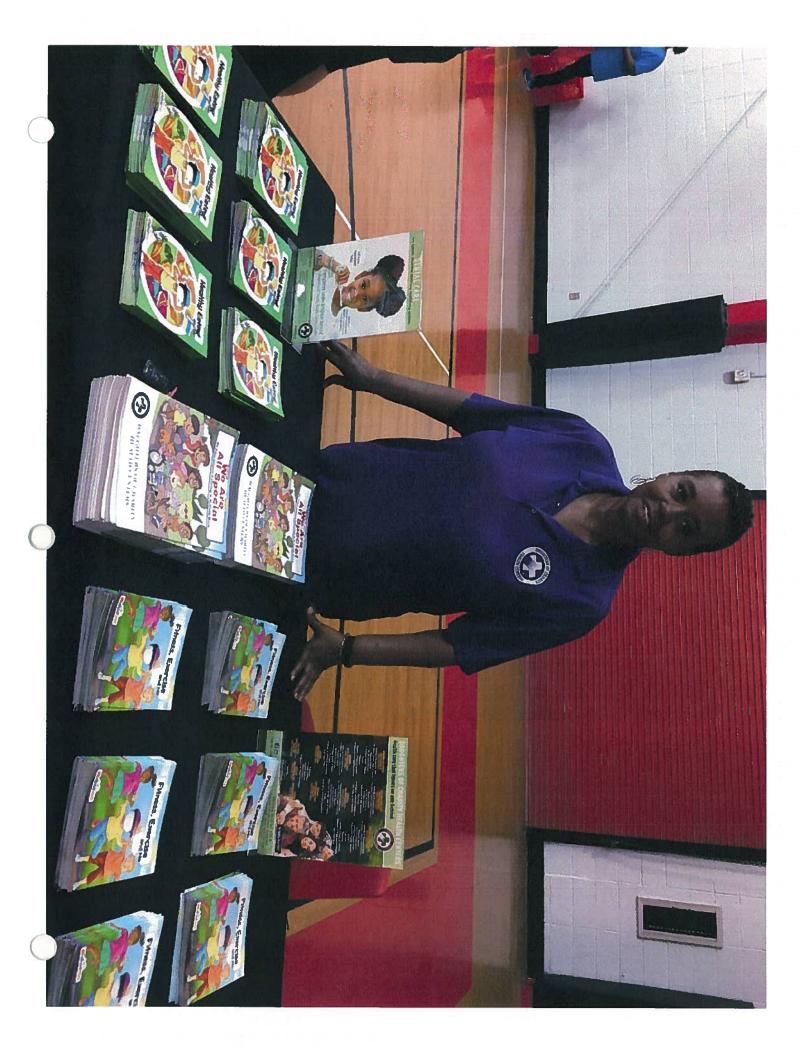


Healthy Eating



DAUGHTERS OF CHARITY HEALTH CENTERS





# Confront & Conquer Incorporated Presents



### WHO'S INVITED?

All parents, caretakers, and teachers of children and young adults diagnosed with Autistic Spectrum Disorders and Disorders that cause Sensory Dysfunction.

### WHAT WILL WE LEARN?

In-home and in-school procedures to combat unwanted behavior associated with Sensory Dysfunction, e.g., Autistic meltdowns, temper tantrums, stimming behaviors.

### WHEN & WHERE?

Saturday, June 24, 2017 - 10:00am until 3:00pm 802 Third Street, New Orleans, LA 70130

### WHERE DO I REGISTER?

Email name, address and telephone number to confront-conquer@cox.net. Only 150 spaces available! Refreshments provided. Call (504) 912-2160 for more info!

This Free event is hosted in partnership with, and sponsored by:













# You're invited to another great event in your community







**Proud Partners** 





Moms, please join us for an afternoon of conversation, information and fun as we explore health, nutrition and development of your little munchkins (babies and toddlers to age 3).

Hosted by: Ms. Aggie Williams, Community Coordinator





Thursday, June 15, 2017 11:00 am - 1:00 pm 5t. James Parish Library 2593 Hwy 20• Vacherie• 70090



For members who do not speak English, we offer oral interpretation services for all languages. These services are free of charge. If you need these services, call Member Services toll free at 1-800-600-4441.

Para miembros que no hablan inglés, ofrecemos servicios de interpretación oral para todos los idiomas. Estos servicios son gratuitos. Si necesita estos servicios, llame a la línea gratuita de Servicios al Miembro al 1-800-600-4441.

Nếu quý vị cần thông tin này bằng tiếng Việt, hãy gọi tới đường dây miễn phí của Dịch Vụ Thành Viên theo số 1-800-600-4441.







Plaquemines Medical Center

Port Sulphur, LA 70083 504-564-3344







Crescent City. WIC Survives, Inc.







### Healthier Community Series: Cultural Diversity June 9, 2017 **Agenda**

Welcome

PLAQUEMINES MEDICAL CENTER

Monica Martin/Hannaha Williams **Plaquemines Medical Center** 

**Introduction of Presenters** Patricia A. Davis Plaquemines Community C.A.R.E Centers

> Vanessa Fisher Occupational Medicine & Safety Coordinator National Healthy Homes Month: Home Safety

Patricia A. Davis **Cultural Diversity** National Men's Health Month: Golden Feud Game

**Lunch & Prizes Announcements Acknowledgements & Networking Next Meeting: TBD** 





















# The Union Star Missionary Baptist Church Youth Ministry

Presents a

# Community Health Fair

Theme. "Getting Fit With Jesus. Becoming Physically and Spiritually Whole"



When. Saturday, April 22, 2017

Where. Union Star M.B.C. 609 Robinson St. Jonesboro, LA 71251

Time: 11:00 a.m.-3:00 p.m.

FREE SCREENINGS OFFERED. Blood Pressure, Glucose, Weight/Height Checks

and much more!

\*\*\*\*\*\*FUN ACTIVITIES FOR THE KIDS including a BOUNCER, DOOR PRIZES, and FREE FOOD FOR THE COMMUNITY!\*\*\*\*\*

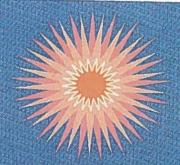
Come join us for a fun-filled day of activities, as well as, educational, physical, spiritual, and informative issues on health awareness. Everyone is invited!

First 50 people to arrive will receive a free goodie bag!



2017 Theme: "Bridging Health Equity Across Communities"





## Minority & Multi-Cultural Health Month

### April 10, 2017 - 9am-1pm

Worksite Wellness
Grambling State University

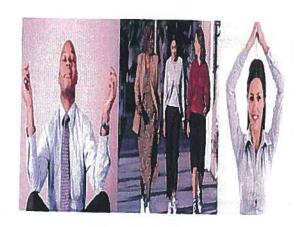
Department of Accounting Jacob T. Stewart Building, Room 342 Grambling, Louisiana 71245

Office Number: (318) 274 - 2749

Signup and distribute pedometers to encourage more participation in "OWN YOUR HEALTH" Campaign



# Women's Wellness Coalition



## April 29, 2017 - 8am - 12pm

Watkins Wellness Ride Annual Trail Ride Pine Grove Community Watkins Road Jonesboro, Louisiana (318) 307-5006

Healthy lifestyle promotions through display of tables with pertinent information and LPNs onsite for health screenings of weight and blood pressure readings; mini-Zumba Dance Session; and passport to the Wellness Center Fitness Session















# Minority Health Month

### April 2017 Calendar of Events

April 12, 2017
Wellness Wednesday
Pleasant Grove B. C.
908 Ever Green Rd
Jonesboro, LA
6:00 PM - 7:00 PM

April 13, 2017
Story Time:
"Your Body Is Awesome"
Southside Elementary
2105 S. Polk Ave.
Jonesboro, LA
9:00 AM - 10:00 AM

April 14, 2017
Hydration Station
Jackson Parish Recreation Dept.
5254 LA-4
Jonesboro, LA
12:30 PM - 5:00 PM

April 15, 2017
Community Outreach - Sr. Citizens
Blood Pressure Checks
Glucose Testing
Fruit Baskets
Bienville & Jackson Parishes
9:00 AM - 12:00 PM

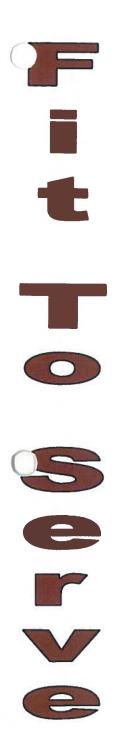
April 20, 2017
Mental Health Assessments
Stepping Stones Counseling Agency
103 4th St.
Jonesboro, LA 71251
9:00 AM - 12:00 PM

For more information please contact
Williams Family Ministry \* 140 Forest Orive \* Jonesboro, LA 71251 \* 318.259.1177 \* williamsministry@gmail.com





# B.E.A.M., LLC





### Minority & Multicultural Health Month

WHEN:

April 10-28, 2017

WHERE:

New Living Word Ministries\*1900 W. Barnett Springs\*Ruston, LA 71270

Competition: From April 10-28 two churches will compete within and between

themselves for prizes to the individuals and groups with the most steps

using pedometers.

# Grambling State University: Kinesiology Sport & Leisure Studies GSU Box 4244, Assembly Center Ste. 148, Grambling, LA 71245 \* 318.274.6278

# Minority & Multicultural Health Month

### **APRIL 2017**

**April 25, 2017** 

### **FUN & FITNESS DAY**

Fitness challenges amongst GSU students. 100 students will compete for 1st & 2nd place prizes.

### PLACE

GSU Track & Field on the campus of Grambling State University, Grambling, LA

### TIME

Activities scheduled between 11:00 AM - 1:00 PM

For more information contact:

Dr. Larry Proctor

Phone: 318.436.1862 E-mail: Proctorl@gram.edu



Grambling....Where Everybody Is Somebody

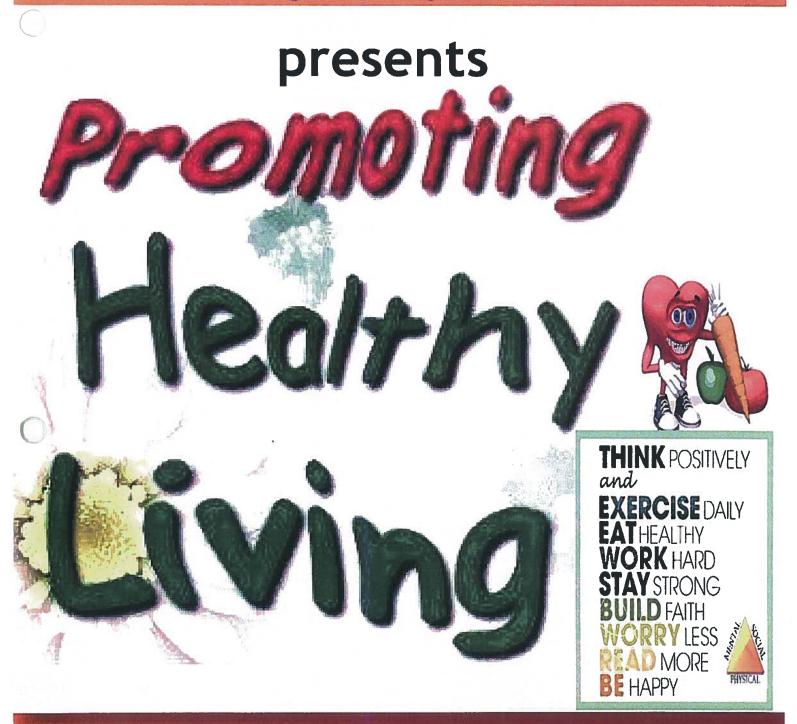








# Joy Impact Community Outreach, Inc "Celebrating Minority Health Month"





April 23, 2017

11:00am - 1:00pm

LOCATION:

Rivers of Joy Ministries

1723 East Main Street Jonesboro, LA 71251 318-259-2664

# Minority Health Month

April 2017







"Making the Healthiest Food Choices Available"

April 10, 2017 Jonesboro Housing Authority Jonesboro, LA 71251 12:00 Noon - 1:00 PM

"Develop Your Own Outline of Wellness"

April 26, 2017 Jonesboro Housing Authority Jonesboro, LA 71251 12:00 Noon - 1:00 PM "Negative Impact on a Sedentary Life and the Proactive Choice of Being Active"

April 12, 2017 Jonesboro Housing Authority Jonesboro, LA 71251 12:00 Noon - 1:00 PM

"Integrating Functional Exercises"

April 27, 2017 Jonesboro Housing Authority Jonesboro, LA 71251 12:00 Noon - 1:00 PM "Physical Activities That Can Be Done Throughout the Year Without Equipment"

April 24, 2017 Jonesboro Housing Authority Jonesboro, LA 71251 12:00 Noon - 1:00 PM

"Positive Impacts in the Home"

May 1, 2017 Jonesboro Housing Authority Jonesboro, LA 71251 12:00 Noon - 1:00 PM

For more information please contact: Jeanette Glover Town of Janesboro Housing Authority/839 Harvey Place/Jonesboro, LA 71251/318 259.3125











# BOYS & GIRLS CLUBS OF NORTH CENTRAL LOUISIAMA

# Minority and Multicultural Health Month April 2017

# "Pro" Day Mini-Camp

LA Tech University Football Field Ruston, LA 71270 Saturday, April 8, 2017 7:00 AM - 1:00 PM





# **Spring Fest Mini-Camp**

McDonald Recreation Center Jonesboro, LA 71251 Saturday, April 29, 2017 8:00 AM - 2:00 PM

For more information please contact:

The Boys & Girls Club of North Central Louisiana

Contact Person: LaScott Ellis
Contact Number: 318.475.0157
Email Address: lellis@bgcncl.org















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Presents a

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April is National Minority Health Month.

2017 Theme: "Bridging Health Equity Across Communities"



# **Mercy Medical, LLC**

presents

# Minority and Multicultural Health Month

# Activities for the month will include:

April 11, 2017

"Hypertension - How High Are You?"

Location: 1800 Bistinneau Street

Ruston, LA 71270

Time: 6:30 PM - 7:30 PM

April 21, 2017

"Preserving Your Youth" (STD & Alcoholism Discussion)

**Location:** Assembly Center (GSU Campus)

Grambling, LA 71245

*Time:* 1:30 AM - 1:30 PM

for more information please contact:

Kim Bruson, FNP, APRN (318) 237-3879 or

Rennata Becks, LPN (318) 254-3516









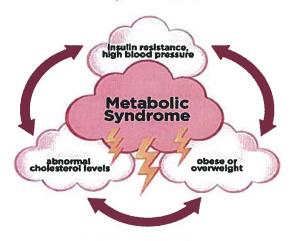
# Minority & Multicultural Health Month

### APRIL 2017

### "Know Your Numbers"

Blood Pressure Category	Systolic mm Hg (upper #)		Diastolic mm Hg (lower #)
Normal	less than 120	and	less than 80
Prehypertension	120 - 139	or	80 - 89
High Blood Pressure (Hypertension) Stage 1	140 - 159	or	90-99
High Blood Pressure (Hypertension) Stage 2	160 or higher	OF	100 or higher
Hypertensive Crisis (Emergency care needed)	Higher than 180	or	Higher than 110

# "Preventing the Triple "No's"



KNOW YOUR NUMBERS
(Blood Pressure Checks)

Date: April 12, 2017

**Time:** 10:00 AM - 12:00 NOON **Place:** Jonesboro Housing Authority

Meeting Room

# PREVENTING THE TRIPLE "NO's" (In-Service on Metabolic Syndrome)

Date: April 26, 2017

**Time:** 10:00 AM - 12:00 NOON **Place:** Jonesboro Housing Authority

Meeting Room

### Kingdom First Church

208 Vinson Street Jonesboro, LA 71251 Phone: 318.245.6423 L. Nadine McCardia, Pastor

E-mail: kingdom1stc@gmail.com











CHOILE CHECKER CONTROL CONTROL CONTROL

# Minority Health Month DRUG AWARENESS

# **Minority Health Events for April 2017**

- April 5, 2017 @ 5PM
   "Negative Effects of Drugs on the Human Body"
   Jonesboro-Hodge High School Field House
   Presenter: J. "Spike" Harris, Chief of Police
- April 12, 2017 @ 5PM
   "Negative Effects of Drugs on Athletes"
   Jonesboro-Hodge High School Field House
   Presenter: J. "Spike" Harris, Chief of Police
- April 19, 2017 @ 5PM
   "Teen Substance Abuse Becoming the #1 Problem In Our Nation's Schools"
   Jonesboro-Hodge High School Field House Presenter: J. "Spike" Harris, Chief of Police
- April 26, 2017 @ 5PM
   "Finding That Zone and Being On A Natural High. How To Say No To Drugs"
   Jonesboro-Hodge High School Field House Presenter: J. "Spike" Harris, Chief of Police

For more information please contact:

Jonesboro Police Department J. "Spike" Harris, Chief of Police (318) 259-2164 (318) 259-5026





ETHIKOS and LGBT+Allies Organization for the Cultural Understanding in the Health Sciences (LOCUS) present:

# LGBT Healthcare Symposium: Insight on Current Affairs and the Future of LGBT Healthcare

# **Panelists include:**

- Jamie Buth, M.D. Associate Chief of Staff for Ambulatory and Primary Care, Southeast Louisiana Veterans Health Care System
- Chris Otten, J.D. Associate Attorney at Beahm & Green, Health Law
- Brandy Panunti, M.D. Chair, Endocrinology and Metabolism,
   Ochsner Medical Center
- Sebastian Rey Director, New Orleans LGBT Community Center

Monday, April 10, 2017 6:30 - 8:00 PM Médical Education Building (MEB) Lecture Hall A

Parking: Student lot #2 located between Prieur and Bolivar Streets



REGISTRATION STARTS AT 7:00 a.m. RACE BEGINS AT 8:00 a.m. AT THE HARVEST BAPTIST CHURCH AND WILL END AT HANEY'S BIG HOUSE. THIS IS A BREE RUN FOR HEALTH AWARNESS WITH MUSIC, AND VENDORS. IF ANYONE WOULD LIKE TO SET UP A BOOTH YOU ARE WELCOME, IF YOU ARE INTENDING TO SELL ANYTHING, YOU WILL NEED A PERMIT FROM THE TOWN OF FERRIDAY.

FOR BOOTH CONTACT:
DEBRA KING 615-504-0482
FOR PERMITS CONTACT:
PORCHIA MATTHEWS:
318-757-3411 EXT. 204



FOR ALL AGES

APRIL 22 AT 10:00 A.M. SHARP.

TRAINING FOLLOWED BY LUNCH.
WHOMEVER COMPLETES THE COURSE
WILL BE AWARDED DOG TAGS AT THE END
FOR HEALTH AWARNESS.



# for for L

# SATURDAY APRIL 22 10 A.M. - 2 P.M.



JOIN US AT 9:45 A.M. FOR A SECOND LINE PARADE TO KICK OFF THE FESTIVITIES!

# CELEBRATING 10 YEARS!

Bon Carré Business Center • 7359 Florida Blvd. • Baton Rouge, LA

# FREE CANCER SCREENINGS FOR:

BREAST | COLORECTAL | ORAL | PROSTATE | SKIN

There will also be blood pressure and glucose checks, BMI screenings, stroke risk education, community education and resources, food, entertainment and fun activities for the entire family.



CALL (225) 215-1234 FOR MORE INFORMATION MARYBIRDLAKE.ORG/FESTFORLIFE

LIVE COURAGEOUSLY.

